

# HEALTH

## Health

**St. Elizabeth Medical Center, Wabasha** | 651-565-4531 | <https://www.gundersenhealth.org/st-elizabeths/hospital>

**GWP Heartland Hospice** | <https://www.promedica Hospice.org>

- Goodhue & Wabasha use Rochester office | 877-290-1170
- Pierce use Eau Claire office | 888-633-6522

**P Free Clinic of Pierce & St. Croix County** | 715-307-3948 | <https://freeclinicpiercestcroix.org>

**GWP Hiawatha Home Care** | 651-388-2223 | <https://hiawathahomecare.com>

**GWP Mayo Clinic Health System** | <https://www.mayoclinichealthsystem.org>

- Ellsworth | 715-273-5061
- Cannon Falls | 507-263-6000
- Lake City | 651-345-3321
- Red Wing | 651-267-5000
- Zumbrota | 507-732-7314

**River Falls Area Hospital** | 715-307-6000

**GWP First Choice Clinic** | 651-267-4357 | <https://firstchoiceclinic.org>

**G CARE CLINIC - Free clinic in Red Wing** | 651-388-1022 | <https://www.careclinicrw.com/index.html>

**GW Mnsure** | 1-855-366-7873 | <https://www.mnsure.org>

**GW Sage - Free breast exams, mammograms, cervical cancer screenings, colonoscopies, smoking cessation**  
888-643-2584 | <https://www.health.state.mn.us/diseases/cancer/sage/about/index.html>

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## Mental Health and Chemical Dependency

**GW** Crisis Response for Southeast MN | 1-844-274-7472 | <https://www.crisisresponsesoutheastmn.com/when-it-crisis>

**GW** Zumbro Valley Mental Health Center | 507-289-2089 | <https://www.zvhc.org/>

**GW** Programa de Terapia en Español | 651-301-2184 | <https://hispanicoutreach.org>

**GW** Hiawatha Valley Mental Health Center | 1-800-657-6777 | <https://www.hvmhc.org/#>

**GW** Fernbrook | 651-212-7429 | <https://fernbrook.org/>

**GWP** National Alliance for the Mentally Ill (NAMI) | 1-800-950-6264 | <https://nami.org/Home>

**P** Northwest Connections 24-hour Crisis Line | 1-888-552-6642 | <https://nwcgc.com/northwest-connections/>

**G** Red Wing Youth Outreach | 651-388-3371 | <https://www.redwingyouthoutreach.org/>

**GWP** Covered Bridge Family Resources | 507-732-4136 |

<https://www.coveredbridgefamilyresources.com/contact>

**GWP** Possibilities Therapeutic Services | 651-301-1369 | <https://possibilitiestherapeuticservices.com/>

**GWP** EmPower CTC | 507-292-1379 | <https://www.empowerctc.com/>

**GWP** National Suicide Prevention Lifeline | 988 or 1-800-273-TALK (8255) | <https://988lifeline.org>

**GW** Alcoholics Anonymous Minnesota | 651-227-5502 | <https://aaminnesota.org/>

**P** Alcoholics Anonymous Wisconsin | 1-800-839-1686 | <https://alcoholicsanonymous.com/aa-meetings/wisconsin/>

**GWP** Local Independent Therapists and Counselors | <https://www.psychologytoday.com/us/therapists>

**Mayo Red Wing Behavioral Health** | 651-385-3260 or 1-800-464-2296 |

<https://www.mayoclinichealthsystem.org/locations/red-wing>